

Race Application LOCO OCHO TRAIL RUN

Mail to: Loco Ocho Trail Run
c/o Rainbow Cycles
239 NE Broad Street
Southern Pines, NC 28387

Last Name: _____ First Name: _____

Age on Race Day: _____ Check One: Male Female

Address: _____

City _____ State _____ Zip _____

Home Phone _____

RACE DETAILS:

Registration: All the savvy racers register early at www.active.com. All others can register any time after 7:00am at Woodrun Camp (\$5 day of registration fee). Day of registration ends at 8:30. All registrations by 3/14/2008 will be guaranteed a tee shirt.

Start Time and Place: The Start is at 9:00am at the Woodrun Camp.

Awards: Medals to top 3 finishers in each category.

Support: There will be water / sports drink stations after approximately 3 miles and 6 miles. Note, the stations are strategically placed at the bottom of the two big climbs. "One more for the hill....."

Fees: All Runners \$20 **Make Checks to: Sandhills Cycling Club**

"Day of" Registration fees:

Juniors late fee \$0 + \$20= \$20

Adults late fee \$5 + \$20= \$25

T-Shirt : Zorrel Moisture wicking gender specific...please specify.

	Women's	Men's
Small	_____	_____
Medium	_____	_____
Large	_____	_____
X-Large	_____	_____

Signature: _____ **Date:** _____

RACE WAIVER: I know that running a trail race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this race, including but not limited to, falls, contact with other participants, the effects of the weather, traffic and conditions of the trail. All such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone for whom I am entitled to act, waive, release and will hold harmless the Sandhills Cycling Club, the race organizer, all other sponsors and all the agents, directors and volunteers working for those entities from all claims and liabilities of any kind arising out of or related to my participation in this race. I grant the race organizers my permission to use any images taken of me in further publicity or advertising.